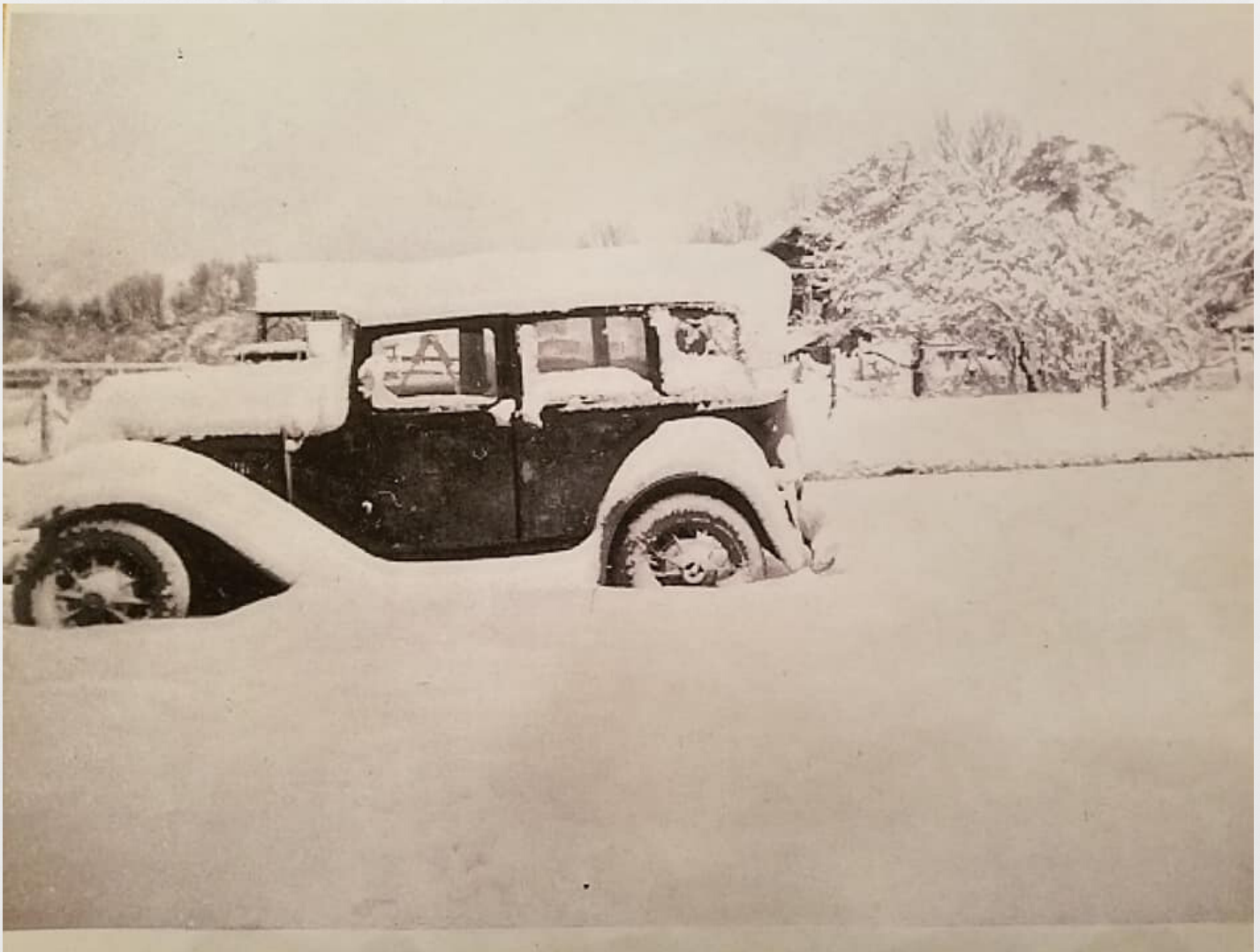


# SPRING CITY FRIENDS

THE OFFICIAL NEWSLETTER OF THE FRIENDS OF HISTORIC  
SPRING CITY



## SECRET SPRING CITY

**BY RANDAL THATCHER, CO-PRESIDENT**

How many times have you told a local Utahn that you live in Spring City only to have them look at you cockeyed and exclaim that they've never heard of it?

This happens to me all the time. And it's surprising to me that people who are familiar with the neighboring towns of Mount Pleasant and Ephraim have never heard of our historic little town!

True, we have less of the commercial attractions here, and we are...(continued on page 3)

## UPCOMING EVENTS

**APRIL 17: SPRING CITY CONCERT**  
**MAY 23: HERITAGE DAY**

We hope you enjoyed the 2nd Candlelight Holiday Home Tour and Art Sale. This festive event included two concerts, horsedrawn wagon rides, hot chocolate at Das Cafe, and a tour of our community's beautiful historic homes . It was a wonderful evening of community celebration for the special place we call home.

# A HIDDEN HISTORY: THE PUZEY HOUSE

When Jhan and Tracy Miller bought their home in 2016, more than a few people tried to discourage them. "That house has no historic value. It's an eyesore," said friends and neighbors. The Millers understood people's skepticism; at the time, the house was covered in aluminum siding and sported tiny 1970s-era windows. But the couple saw potential beneath the tired exterior. Their hope was rewarded as they pulled away the siding and found adobe underneath.

As they painstakingly restored the home, the Millers slowly learned its history. Albert and Martha Puzey were married in 1901 and received \$500 as a wedding gift from Martha's father. The couple added \$100 of their own money, purchased the land, and built the home in 1906.

The original dwelling had only two rooms--a front parlor used for guests and funerals, and a back room for sleeping. All the cooking and laundry

was done in the backyard. A 1913 addition brought much needed space to the large family.

Albert and Martha raised their 10 children in this home, living there until Martha's death in 1938. Of the house Tracy says, "This is a beautiful little home that was loved by a family for many, many years. We want to bring it back to its original charm."



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“IN MY YOUNGER YEARS, I DIDN'T FULLY APPRECIATE SPRING CITY'S HISTORIC VALUE, BUT AS OTHERS CAME, I REALIZED WHAT A JEWEL WE HAVE HERE.”

—CYNTHIA DEGREY, MAYOR

## HYGGE, SPRING CITY STYLE

The concept of *hygge* (pronounced hoo-ga) first appeared in Denmark in the early 1800s. The idea gained popularity in Great Britain in 2016 and hit the U.S. by storm the following year. At least 20 books have been published about it, and it's one of the hottest topics on social media. But what is *hygge* exactly and what does it have to do with Spring City?

Scandinavian in origin, the word *hygge*, loosely translated, means a sense of comfort, togetherness, and well-being. Popular culture defines *hygge* primarily in terms of environment--candles, warm drinks, and snuggly blankets. *Hygge* is

these things, but it has a deeper meaning as well. *Hygge* is about simplifying daily routines, building nourishing relationships, and cultivating a deep sense of gratitude. Sound like life in Spring City?

**HYGGE TRADITIONS:  
SIMPLIFY  
BUILD RELATIONSHIPS  
CULTIVATE GRATITUDE**

We thought so too. Whether you're chatting with friends over a slice of carrot cake at Das Cafe', listening to local musicians, or viewing some gorgeous art, opportunities for finding simple comfort and togetherness abound. Early Scandinavian settlers in Spring City relied on each other, forming strong relationships. That same sense of purpose exists here today.



# SECRET SPRING CITY (CONT.)

a couple miles removed from the main thoroughfare of Highway 89, but still...

How is it that people who were born and raised here remain completely unaware of a town in the middle of their state that is listed on the National Historic Register? The entire town and everything in it is a national historic district!

Spring City, according to the National Historic District is "the best preserved

example of a 19th century pioneer village in the country."

So how do native Utahns not know about Spring City? We are not Springville, as someone tried to correct me once, thinking I was confused about the name of my own village; nor are we Springdale, as another fellow helpfully suggested.

We are Spring City, a community with a rich pioneer history and heritage, which

has been largely preserved and restored for us and for future generations.

This should make us very proud of our little pioneer town, and of our continuing efforts to maintain and preserve its historical stories and structures.



## SPRING CITY CARMELS

Add the remaining cream and cook to the hard ball stage, around 260 degrees F. Turn off the heat and stir in 1 teaspoon vanilla extract.

Pour the mixture into a foil-lined, greased 9 x 13 cake pan. Let cool several hours. Dump from the pan, remove foil, and cut into 1 inch pieces. This should make 100 caramels.



From Lori Johansen

2 cups sugar  
1 1/2 cups corn syrup  
1 cup butter  
2 cups cream, divided

Mix all ingredients except 1 cup cream in a large, heavy saucepan. Bring to a boil at medium heat, stirring constantly. Cover with a lid, vented slightly.

When steam starts to escape, remove and stir again. This helps dissolve any sugar crystals on the side of the pot.

**BECOME A PATRON OF SPRING CITY. FOR MORE INFO, VISIT [HTTPS://FRIENDSOFHISTORICSPRINGCITY.ORG/PATRONS/](https://friendsofhistoricspringcity.org/patrons/)**

Wishing all our readers a joyous holiday season with family and friends.

And a special thank you to the volunteers who give so much to make Spring City the special place it is.

